

First Aid at Work

Accreditation: Accredited / In-House

Course Duration: 3 Days

Validity: 3 Years

Grant: Grant Unavailable

Overview

The First Aid at Work course is suitable for nominated workplace first aiders and those wanting a comprehensive introduction to first aid.

The 3-day course will cover the practical skills needed for a first aider in the workplace and give them the confidence to deal with first aid emergencies.

Entry Requirements

Learners must:

- Have a good understanding of spoken and written English

Course Content

Candidates will be able to:

- Assess and prioritise a first aid incident
- Deal with an unconscious casualty
- Carry out resuscitation (CPR)
- Control bleeding and manage shock
- Deal with injuries to bones, muscles and joints
- Deal with a casualty suffering burns and scalds
- Manage eye injuries
- Deal with casualties overcome by fumes or suffering from poisoning
- Deal with a broad range of common injuries and illnesses until the arrival of medical care
- Maintain first aid records
- Use and maintain first aid kits
- AED (Use of an AED, chain of survival, safety considerations)

Assessment

- Three (3) Days – Classroom-based Options available
- Learners must attend all 3 days (24 hours) and pass the end of course assessment to be eligible for certification.

Certification

Successful candidates will be issued with an First Aid at Work certificate (valid for 3 years).

Grants

CITB grants are not available for this course.