DYNAMIC
TRAINING & ASSESSMENTS

NPORS ACCREDITED

NPORS · CATEGORY N138

TELESCOPIC HANDLER

SUSPENDED LOADS · COURSE OVERVIEW

Telehandlers are often fitted with a jib, hook or lifting attachment to lift and place suspended loads on site, from steel beams and trusses to pipes and bagged materials. Lifting a suspended load is a different job from lifting on forks: the machine's capacity changes, the load can swing, and the operator has to work closely with a slinger/signaller. Getting it wrong can lead to dropped loads or an overturned machine. The NPORS N138 Telescopic Handler Suspended Loads course gives you the training, testing and recognised card you need to lift suspended loads with a telehandler safely and legally.

ACCREDITATION

NPORS

Category N138
Telescopic Handler
Suspended Loads

DURATION

Novice course	**5 days**
Bolt-on course	**2 days**
Experienced worker	**1 day**
Refresher	**On request**

CARD VALIDITY

NPORS Traditional	**5 years**
Red Trained Operator	**2 years**

LOCATION

Nationwide

Max 3 per instructor (4 on bolt-on)

Whether you're brand new to telehandlers or you've been lifting suspended loads for years, there's a route for you: a full 5-day novice course, a 2-day bolt-on course, a refresher course (with proof of previous certification) or an experienced worker test.

WHO IS THIS COURSE FOR?

Anyone who uses, or needs to use, a telehandler to lift and move suspended loads in construction, civil engineering, agriculture or industrial settings. It's particularly well suited to:

- Telehandler operators who need to add suspended loads to their card
- Experienced operators who already lift suspended loads and need a recognised card for site compliance
- Steel erectors, groundworkers and site operatives who lift and place materials with a jib or hook
- Employers who need their operators certified to meet client or principal contractor requirements

ENTRY REQUIREMENTS

A good working understanding of spoken and written English.

RED CARD (CSCS LOGO) ONLY

The CITB Operatives Health, Safety & Environment (HS&E) Touchscreen Test, passed within the last 2 years. Not taken it yet? We can help you book it.

2-DAY BOLT-ON ONLY

An existing NPORS N010 Telescopic Handler category on your card.

WHAT YOU WILL LEARN

From reading the lifting chart to placing suspended loads safely with a slinger/signaller. You'll be able to:

- Understand the risks of the industry and your responsibilities as an operator
- Follow the manufacturer's technical data and the relevant regulations and legislation
- Identify the main components and controls, including steering, driving and braking, and explain what they do
- Carry out pre-use checks in line with manufacturer and legal requirements
- Mount and dismount safely, start and stop the engine, and move off and stop safely
- Travel and manoeuvre laden and unladen over varying terrain, rough ground and inclines, in open and confined areas
- Carry out safety checks at the work area
- Manoeuvre to the work area and set up the machine for lifting and load handling
- Read and explain safe working loads, the lifting capacity chart, lifting configurations and working ranges, including how the manufacturer may reduce capacity when moving a suspended load
- Identify different categories of lifting procedure and which tasks fall into each
- Identify centres of gravity and calculate the estimated weight of loads
- Identify overhead and proximity hazards
- Agree signal codes, hand signals, direction of movement and safe landing zones with the slinger/signaller
- Make sure the telehandler is in a safe condition and attachments are fitted correctly
- Check load integrity and security
- Lift and move loads to a set position in a safe, controlled way with minimal uncontrolled movement
- Understand the environmental considerations of lifting work
- Carry out out-of-service and securing procedures

HOW YOU'RE ASSESSED

5 DAYS NOVICE ROUTE

Days 1–4 cover classroom theory and hands-on practical training on a telehandler configured for suspended loads. On day 5, you'll sit the NPORS theory and practical tests. With a maximum of 3 candidates per instructor, you'll get plenty of time on the machine.

1 | 2 | 3 | 4 | 5

2 DAYS BOLT-ON ROUTE

For operators who already hold a telehandler card and need to add suspended loads. Day 1 covers training focused on lifting suspended loads, and on day 2 you'll sit the NPORS theory and practical tests. Maximum of 4 candidates per instructor.

DAY 1 | DAY 2

1 DAY EXPERIENCED WORKER

For operators with substantial, recent experience of lifting suspended loads with a telehandler. You'll go straight to the NPORS theory and practical tests with no training element, so you'll need to be confident operating without support.

DAY 1 – TESTS

Training NPORS tests

YOUR CARD: GETTING IT, RENEWING IT, UPGRADING IT

Pass both tests and you'll receive a Traditional or Red card for category N138. The Red card can be upgraded to Blue.

NPORS TRADITIONAL CARD
VALID 5 YEARS

GETTING IT
No HS&E touchscreen test needed.

RENEWING
No NVQ required. After 5 years, retake the test or submit a renewal form to NPORS.

RED TRAINED OPERATOR
CSCS LOGO · VALID 2 YEARS

GETTING IT
Only available if you've passed the CITB Operatives HS&E touchscreen test within the last 2 years.

UPGRADING
Can't be renewed like-for-like. Complete the Level 2 NVQ in Plant Operations – Telescopic Handler and hold an operatives touchscreen test passed in the last 2 years to upgrade to Blue. It's worth starting early.

BLUE COMPETENT OPERATOR
CSCS LOGO · VALID 5 YEARS

GETTING IT
Upgrade from the Red card by completing the Level 2 NVQ in Plant Operations – Telescopic Handler.

RENEWING
Every 5 years: complete a logbook showing your operating experience, hold a valid operatives touchscreen test (within the last 2 years) and submit a renewal form.

READY TO BOOK?

Check availability, get a quote, or secure your place on the next available course date. Our team will get back to you within one working day.

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